



-ANNUAL PROGRAM-

"We make sport a way of life"

WELCOME

Sport & Life Academy is a high performance tennis academy formed by the 4 pillars that we consider basic to properly develop the tennis career of our players:

🏆 Coaches with past like players, with the formation and vocation suitable to take to the player to its maximum exponent.

🏆 Methodology of own and contrasted teaching, according to the needs that the current tennis project, aiming to develop in our players the technical, tactical, physical and mental aspects to 100%.

- Tennis program adapted to the needs of each player, assigning a head coach to every 2 players in tennis and a physical coach to every 4 players in physical training, offering the player the personalized treatment he requires.

- Sports facilities adapted to the needs of the tennis player. All this located in a place of high standard in quality of life (La Eliana) and in one of the most beautiful cities with the best climate of the Mediterranean Sea (Valencia).

In addition, we have a Study Program for foreign tennis players from 13 to 18 years old at the prestigious Iale International School, with capacity for more than 700 students and currently teaching to resident and non-resident players in the European Union. Iale International School is located on the premises of the tennis academy.

Academy of Tennis, Residence and College, in the same center.

These aspects make Sport & Life Academy one of the few tennis academies in the world that offers an integral service to the tennis player.

"We've got it several times. We want to do it with you. "

JOIN OUR DREAM!

FACILITIES

At Sport & Life Academy we have the necessary facilities to develop our customized program correctly:

- 2 ITF ground tennis courts CATEGORY 1.
- 7 hard tennis courts.
- 1 ultra-fast indoor tennis court in covered pavilion.
- Sports residence next to the courts.
- International college with curriculum for tennis players next to the courts.
- Dining room for residents.
- Gym and fitness area for pilates, yoga and elasticity.
- Swimming pool and rest area.
- Rest rooms for players.
- Wifi throughout the gym.
- Sports area for physical education (football, basketball, paddle and green fields),
- Dressing rooms, lockers for players and independent showers.
- Cafeteria-Bar.
- Physiotherapy Service.
- Conference / cinema room with capacity for more than 300 people.

ANNUAL PROGRAM

DESCRIPTION

The Annual Program gives our players the opportunity to train for a season with the latest methods in teaching systems, as well as compete in the best tournaments, **advised and accompanied by our coaches at all times.**

This program includes daily high performance training in which we apply the Sport & Life method to correctly develop the technical, tactical, physical and mental part of the tennis player.

The Annual Program can also be complemented by a specific curriculum at Iale International School (located within the academy) and adapted to the athlete (see annual program + studies).

The program also includes video analysis sessions, personalized tournament calendar and mental coaching.

The Annual Program starts when the player and his family wish, and can begin at any time of the year.

This program will have a duration of 12 months, and can be renewed year after year and in this case the player and / or his family who must communicate it to the academy formalizing the application for registration for the following season.

The program will be taught from Monday to Saturday throughout the course, taking into account the following holidays:

- Christmas holidays from December 23 to January 7, inclusive.
- Easter holidays 13, 14, 17 to 20 April.
- Official holidays, according to the official Spanish holiday calendar.

ANNUAL PROGRAM

PROGRAM

The Annual Program will be developed according to the following, for 12 months.

This program is adapted to both resident and non-resident players in the academy, having the same schedules in both cases.

7.30 – 8.15 am	BREAKFAST (only residents)
8.30 – 10.45 am	TENNIS TRAINING
10.45 – 11.30 am	BREAK
11.30 – 1 pm	PHYSICAL TRAINING
1 – 1.15 pm	SHOWER
1.15 – 2.15 pm	LUNCH
2.15 – 4 pm	FREE TIME
4 – 5.30 pm	TENNIS TRAINING

5.30– 8.30 pm	FREE TIME (only residents)
8.30 – 9.30pm	DINNER (only residents)
9.30 – 10.30 pm	FREE TIME (only residents)
10.30	END OF DAY/SLEEP (only residents)

ANNUAL PRICES AND SERVICES INCLUDED

ACADEMY	RESIDENTS	NO RESIDENTS
Tennis Training Program	Consult Academy	Consult Academy

Club Membership – Use of club facilities	Included	Included
School Program	-	-
Physical Training	Included	Included
Accommodation	Consult Academy	-
Medical Insurance	Included	Included
Transport to an from Valencia’s Airport (Manises)	Consult Academy	Consult Academy
Daily Transportation	-	Included
Laundry Service	Included	-
Breakfast-Lunch- Dinner	Included	-
Wifi	Included	Included
Physiotherapy Service and Specialist	Consult Academy	Consult Academy
Federative License	Consult Academy	Consult Academy

TERMS

1. REGISTRATION METHOD

In order to register a player, the Registration Application must be completed correctly and the payment corresponding to 10% of the total cost of the annual tennis program must be formalized. The application for registration must be sent to info@sportlifeacademy.com

2. PAYMENT METHOD

OPTION A:

10% deposit on the total cost of the selected program.

90% corresponding to the rest of the selected program before the start of the program (a reduction of 5% will be applied).

OPTION B:

10% deposit on the total cost of the selected program.

40% corresponding to half of the selected program (before the start of the program).

50% corresponding to the other half of the selected program (5 months later between 1 and 5 of that month).

NOTE: For other payment options, please contact us.

3. Registration will be considered effective for the full duration of the Annual Program
4. The formalization of the registration implies the acceptance of the general conditions described here, as well as the code of good conduct that the coaches of the Sport & Life Academy apply.

5. VISA AND PERMISSION OF RESIDENCE

Our team from the legal and administrative department will provide the necessary documentation in each case depending on the country of origin or legal residence of the player. This service will be available once the reservation for the program has been formalized along with the corresponding amount.

1.- Players registered in our academy who are nationals of the countries of the European Union, will be processed once in Spain the corresponding Certificate of Registration of Citizen of the Union (NI, E) for legal residence in Spain, provided That they will be more than three months in the Academy ...

2.- Players who are NOT nationals of the countries of the European Union, and want to be more than six months in the academy must apply personally at the Consulate /

Embassy of Spain in their countries of origin the following visa, for which they will need Get an appointment to present the necessary documentation:

Visa for Stay for Studies in Spain for more than 180 days, type and letter "D" "SLU".

This visa will allow them to live and reside legally in Spain for as long as they need as "students" and will give them the right to obtain a residence card once in our country.

3. The residence card will be renewable annually without the need for players to return to their countries to perform this procedure.

4. To obtain the study visa, the academy will provide the necessary information to the player for the proper presentation of the corresponding documentation in the Consulate.

The documents that must be presented at the consulate are;

- a) Valid passport with a minimum validity of one year
- b) Certificate of admission and registration as "student" in our Center and proof or receipt of payment of enrollment reservation, which will be issued by the Academy.
- c) Medical insurance for a minimum of one year and covered in Spain (duly translated into Spanish).
- d) Means of life of the parents of the pupil or of the pupil, if applicable, through bank certificates stating that they have sufficient resources to cover the costs of accommodation, support and studies of their children during their stay in our country translated to Spanish).
- e) Only when the player is under 18 years old, he / she must present to the corresponding consulate a NOTARY AUTHORIZATION of the parents or legal guardians, in which they will allow their child to travel to Spain to reside and train in our Academy, during the period of one year, having to respect the internal rules of the tennis academy and the center.

5. This notarial document must be translated into Spanish and duly legalized by the consulate or embassy of Spain.

- a) In case that the player is over 18 years of age, he / she must submit for the purpose of obtaining his / her CERTIFIED PENALTY CERTIFICATE of his country of origin duly legalized and translated by the consulate of Spain and CERTIFIED MEDICAL OF NOT TO RECEIVE CONTAGIOUS DISEASES (duly translated).

6. To this end, the legal department will provide the player with all the necessary information for the proper obtaining of the student visa.

7. Once the visa has been granted, each player must bring the following documents from his / her country:

- A "D" visa for studies in the passport.
- Photocopies of the passports of the two parents
- Notary authorization of the parents with the consent for their children to study in our academy.
- Consular resolution granting the study visa.

8. For all processes, visa application, residence card and annual renewal of the same, the Academy has the services of a specialized lawyer, so the completion of these procedures, have an additional charge.

9. Once the player has entered Spain with his study visa, the legal and administrative department will be in charge of advising the player in the initial process of applying for a visa and obtaining a card, as well as the subsequent renewal of the residence cards Of the players of the academy.

Residence Car Process y visado (Inicial): 250.- euros

Residential Card Process (Renovation): 200.- euros

Community Registration Process/NIE: 150.- euros

7. GENERAL STANDARDS TO BE FOLLOWED BY PLAYERS

Players of the academy should treat all people with respect, take care of their own material and of their companions and preserve the care of the sports facilities. They are expected to give the best of themselves with honesty, interest and effort, in accordance with the appropriate sports values and coexistence.

8. HEALTH INSURANCE

All players in the academy will be covered by health insurance that will allow them to receive medical assistance in the event of any injury or illness.

9. INJURIES

If a player is injured during their stay in the academy and stops training during a period of the season, this will not be a reason to return any amount for the lost training time.

10. CANCELLATION POLICY

If the cancellation is before the start of the program and the payment has been made, the amount corresponding to the formalization of the registration (10%) will not be refundable. The remaining amount may be refunded or may be used for future stays. If due to force majeure the player has to leave his / her stay in the Academy without completing the whole of the selected option, the unused amount

can be used for future stays.